

Learning from Lectures

Get the most out of your lectures by following these 3 simple steps

1. Come Prepared
2. Take Part in Class
3. Review your lecture

Before the lecture: Coming Prepared

Don't go to the lecture clueless, instead, get a good idea about what the lecture is about. Doing this primes your brain for more effective learning.

- Keep a copy of the course syllabus at hand and make sure you know how the lecture fits within the course as a whole
- Ask yourself what you already know about the topic, how it relates to previous lectures, other courses, or personal experiences
- Do preliminary reading relevant to the topic, even a simple google search can turn up very helpful
- Write down questions that you might have about this topic

Did you know: Priming your brain for learning a new topic by connecting it to prior knowledge significantly increases your chances of remembering the information in the future?

During the lecture: Taking Part

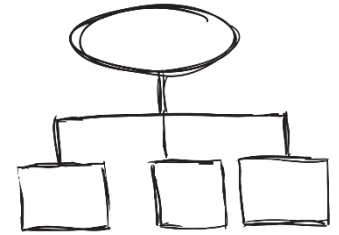
- Listen actively, pay attention to the lecturer, and reflect on his/her words
- Ask questions to clarify when you need to
- Participate in in-class activities and discussions
- Look out for cue words indicating important points & structures and note these down
- Take brief notes covering main themes and key arguments, don't write everything

[\(Check Effective Note-Taking Study Guide\)](#) & [\(Active Note-Taking Checklist\)](#)

After the lecture: Review (Within a few days)

- Go back to your pre-lecture questions and see if they were answered

- reflect on your learning:
 - What are 2 things you learned during this session?
 - What concepts from today's class did you find difficult to understand?
 - Specifically, what will you do to improve your understanding of the concepts that were difficult?
- Read through and correct your notes soon after the lecture
- File your notes neatly along with other relevant material – Draw a mind map!



Did you know 70% of the information is forgotten within 1 week if you don't put in effort to recall it? Learn about the forgetting curve by watching [this video](#)

To learn more about Effective Reading and Note-Taking – check out our self-paced online module ([Effective Reading and Note Taking](#)), for more information about Academic Success Skills please enroll in our self-paced course Academic Success on the E-learning: Engineering, ICS, Energy Engineering, Arts & Design - Enroll [here](#) BAEPS, MMC, law, Arts & Humanities - Enroll [here](#) Dentistry, Pharmacy, and Nursing- Enroll [here](#), or visit our [Academic Success Skills](#) Page.

Related Resources: [Effective Note-Taking \(Study Guide\)](#)- [Effective Note Taking Checklist](#)