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| **Week 1** | Sun | Mon | Tues | Wed |  Thurs | Fri | Sat |
| 1. am -
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| 1. am -
2. noon
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| 12 noon-1 pm |  |  |  |  |  |  |  |
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| 1. pm -
2. mid
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| 12 mid -1 am |  |  |  |  |  |  |  |